



Professional Profile

PERSONAL INFORMATION

Name	Stacey Hesom	
Position	Occupational Therapist	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY81TE	
Email / Telephone	enquiries@nppneurogroup.com	0800 917 3330

PROFILE

Stacey is an Occupational Therapist with experience working across both the National Health Service (NHS) and the private healthcare sector. Her academic background includes a degree in Guidance and Counselling, followed by a Bachelor of Science with Honours in Occupational Therapy. This combination of qualifications uniquely equips her with a broad skill set to support individuals in achieving meaningful life participation and personal goals.

Her clinical experience spans a range of settings, including acute medicine, hospital admission avoidance, community services, stroke care, and community rehabilitation. She has previously specialised in poly-trauma and acquired brain injury rehabilitation, with additional expertise in general neurology. She currently works in stroke and neurology rehabilitation.

In private practice, Stacey manages a diverse caseload and work collaboratively with multidisciplinary teams, including other independent providers. Stacey places great importance on clear, consistent communication with clients, their support networks, and case managers to ensure a cohesive, client-centred approach.

Stacey is committed to holistic, person-centred care, supporting individuals to maintain and regain their occupational roles and identities despite the challenges of injury, illness, or mental health conditions. Her practice focuses on enabling people to lead lives that are meaningful and purposeful to them, enhancing overall health and wellbeing through the therapeutic use of

occupation.

Additionally, Stacey is experienced in carrying out functional assessments and providing professional opinion on how injuries or disabilities impact an individual's ability to engage in daily life activities.

KEY SKILLS

- Effective and adaptive interpersonal skills using verbal and non-verbal communication methods with individuals who may be unable to communicate.
- Professional concise report writing
- Professional multidisciplinary team communication
- Goal setting integrating outcome measures
- Building positive therapeutic relationships
- Counselling and Guidance for enhance functional performance
- Joint collaborative working skills with other professional colleagues
- Teaching and training of support staff
- Clinical supervision and professional teaching

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Areas of Expertise

- Stroke and neurology including initial neurological therapy assessments.
- Polytrauma
- Cognitive assessments (standardised/non-standardised)
- Cognitive rehabilitation
- Upper limb rehabilitation
- Anxiety management
- Fatigue management
- Healthy lifestyle education and advice
- Functional assessments
- Management of ADLS
- Mobility and transfers assessments
- Equipment provision
- Falls assessment and treatment
- Housing and Adaptations
- Postural Assessment for Seating

Professional Memberships:

- HCPC registered
- BAOT- British Association of Occupation Therapists.

Courses Attended (a selection):

- Braintree – Applying cognitive rehabilitation for professionals.
- BBTA- Basic Bobath course including completion of modules 1,2 & 3.
- BBTA-Optimising the recovery of the arm and hand, in our neurological patients.
- 3 Step Leadership and Management course.
- ARC Leadership Programme- Compassionate Leadership Training.

EDUCATION

BSc (Hons) Occupational Therapy- University of Derby
BA (Hons) Health and Social Care with Guidance and Counselling- Nottingham Trent University
A Level Health and Social Care- double award- Worcester Sixth Form College
A Level World Development- Worcester Sixth Form College
As Health and Social Care- Worcester Sixth Form College
GNVQ Health and Social Care- Worcester Sixth Form College
GCSE's 12 subjects

EMPLOYMENT HISTORY

Sandwell and West Birmingham Hospitals NHS Trust
Well Way Rehab Solutions

