



Professional Profile

PERSONAL INFORMATION

Name	Matthew Youles	
Position	Physiotherapist	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
Email / Telephone	enquiries@nppneurogroup.com	0800 917 3330

PROFILE

Matt has been a member of the NPP team since 2018, undertaking his Physiotherapy apprenticeship with Salford university in that time. Now a qualified member of the adult neuro rehabilitation team, Matt is keen to put all that he has learnt into practice. Always positive and motivated, Matt has helped patients make outstanding progress in his time as a physiotherapy assistant and is now excited to apply his experience in his qualified role. Passionate about all aspects of a patient's rehabilitation, Matt takes a very person-centred approach and details his treatment programme and goals to ensure the patient is engaged and focusing on what is important to them. Previous degrees in Sport Science, and a Masters degree in Biomechanics, mean Matt has a wide variety of skills and experiences that make him well rounded and keen to engage with people from all walks of life, regardless of their injury or condition. During his time at the company, Matt has been comfortable working in a variety of environments such as Clinical, Home, Gyms, and Hydrotherapy. As well as different environments, Matt has experience using many different treatment modalities and equipment such as de-weighting systems, FES systems, stand aids and Robotic assisted mobility technologies.

KEY SKILLS

- Outstanding communication skills utilised to engage with patients of all cultures and backgrounds.
- Confidence in a variety of rehabilitation environments, treatment modalities, and therapeutic equipment.
- Taking a holistic person centered approach to sessions by prioritising what is important to an individual and building

treatment and goals around this.

- Qualified Personal Trainer improving awareness of exercise prescription, and tailoring exercise to an individual's needs.
- Masters Degree in Biomechanics improving movement analysis skills and understanding of human movement.

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Areas of Expertise

- Experience working with a wide array of neurological conditions such as Stroke, TBI, SCI, MS, Parkinsons etc.
- Experience with a wide variety of equipment such as FES Bikes, De-weighting systems, Robotic Assisted technologies.
- Enjoys working in gym environments and applying both biomechanics and personal training knowledge and experience.

Professional Memberships:

Member of the CSP and HCPC

Courses Attended (a selection):

Personal Trainer

Hydrotherapy Foundation Course

Re-Walk Trained

Rebound Therapy Course

EDUCATION

Salford University

Physiotherapy Apprenticeship; First Class Honours

Newman University

MRes Human Sciences; Biomechanics

BSc Sport and Exercise Science Single Honours; First Class Classification

EMPLOYMENT HISTORY

NPP Neuro Group

January 2018 – Present

Newman University Sport Centre

Gym Staff – Personal Trainer