



## Professional Profile

### PERSONAL INFORMATION

Name	Laura Nock	
Position	Neuro Physiotherapist	
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### PROFILE

Laura is a dedicated and experienced physiotherapist who has developed clinical expertise in neurological rehabilitation, specialising in this area since 2013. Upon graduating from Coventry University in 2011, Laura commenced her career with Walsall Healthcare NHS Trust, where she gained extensive experience through a series of clinical rotations across diverse healthcare settings, to include: Respiratory Medicine, Elderly Care, Paediatric inpatients/ outpatients, Women's Health inpatients/ outpatients, Trauma & Orthopaedics, and Acute Stroke/ Neuro Rehabilitation. In 2018, Laura transitioned from acute care to community-based stroke rehabilitation, where she has served as the lead physiotherapist of an inpatient stroke rehabilitation unit, and has also provided assessment and treatment in outpatient and domiciliary settings.

Throughout her career, Laura has developed a deep passion for neuro rehabilitation, refining her skills to help individuals achieve their maximum potential. Her approach is grounded in a holistic perspective, ensuring that each person receives individualised care tailored to their unique needs. Laura is skilled in using the Bobath concept to promote functional recovery in those with neurological conditions to enhance motor recovery.

Her commitment to continuous professional development and evidence-based practice allows her to remain up to date with advancements in the field of neuro rehab. She is committed to ensuring that every individual has the opportunity to explore their potential for regaining optimal movement patterns, thereby promoting independence and enhancing overall quality of life. Laura's empathetic and person-centred approach ensures that she provides the highest standard of care to those with and recovering from neurological conditions.

## KEY SKILLS

- Neurological assessment, treatment and clinical reasoning
- Holistic, person-centred approach
- Evidence-based practice and keeping up to date with advancements in neuro rehabilitation

## AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

### Areas of Expertise

- Neurological physiotherapy, in particular the field of stroke rehabilitation
- Passionate about gaining quality movement patterns
- Experience in working with a variety of neurological conditions
- Experience of neuro-rehabilitation technology available including Functional Electrical Stimulation, G Move suit, GripAble, de-weighting harness/gait trainer and the Saebo range

### Professional Memberships:

- HCPC - PH97428
- CSP
- ACPIN
- DBS checked

## EDUCATION

- Bioness FES (2025)
- Introduction to Bobath, modules 1-3 (2017)
- BSc. (Hons) Physiotherapy – Coventry University (2011)
- A-levels – King Edward VI College, Stourbridge (2008)

## EMPLOYMENT HISTORY

- NPP Neuro Group (2025 – present)
- Walsall Healthcare NHS Trust (2012 – 2025)
  - Community Stroke Rehabilitation (2018 – 2025)
  - Acute Stroke/ Neuro (2013 – 2018)
  - Rotations (2012 – 2013)