

Professional Profile

PERSONAL INFORMATION

Name	Natalie Cother	
Position	Speech and Language Therapist	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
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PROFILE

I graduated from University College London in 2011 and have worked in the field of Stroke and Neuro-rehabilitation since that time. I have worked in community and in-patient settings, managing complex cases, supporting both patients and their family members.

I began work as a newly qualified therapist within the Early Supported Discharge Team (ESD) in Gloucestershire, providing at-home rehabilitation to stroke survivors during the early phase of recovery. From here I moved on to work in an acute setting at Epsom General Hospital in Surrey. Here I managed a dual caseload of acute stroke and general medical patients, working within and across multi-disciplinary teams, setting goals with the ultimate aim of supporting patients to return home. Whilst here I obtained my dysphagia competency through an extensive in-house training programme.

After specialising in stroke and neuro-rehab I went on to work as a Band 6 at the Hounslow and Richmond ESD and community neuro-rehab team (CNRT). During my role here I managed two caseloads and worked as part of two separate care pathways. I managed patients in the early stage of stroke recovery, as well as patients with a range of neurological conditions and subsequent complex communication and swallowing difficulties.

I then moved on to work at Stockport Hospital in the hyper-acute stroke unit, where I worked as a highly specialist SLT providing an assessment and diagnostic service during weekend hours. I also worked at Trafford General Hospital as part of the SLT team providing a complex dysphagia service.

For the past six years I have worked at the Worcestershire Stroke Rehab Centre based at Evesham Hospital. Here I have worked as a member of a well established multi-disciplinary team providing sub-acute and rehabilitative stroke care. This role has involved managing long-stay patients, supporting them to achieve their swallow and communication goals.

KEY SKILLS

- strong communication skills
- effective team working
- creative therapy planning
- holistic approach to patient care
- calm and patient

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Areas of Expertise:

- Post stroke communication rehabilitation
- Communication partner training
- Low tech AAC
- Dysphagia
- Training and education

Professional Memberships:

- RCSLT
- HCPC

Courses Attended (a selection):

- Cervical auscultation
- Cognitive Communication Disorder Management (The Wolfson)
- Severe Aphasia Management (The Wolfson)
- Practice Educator Training (BCU and UCL)
- Better Conversations With Aphasia
- Communication and Swallowing in Dementia
- Using Low Tech AAC - Assessment and Development

EDUCATION

UCL BSc Speech Sciences 2:1

Prince Henry's High School A Levels:

- English A
- Philosophy and Ethics A
- Psychology A
- History B

EMPLOYMENT HISTORY

Specialist Speech and Language Therapist
Herefordshire and Worcestershire Health and Care Trust
December 2018 - February 2025

Highly Specialist Speech and Language Therapist
Trafford General Hospital
May 2018 - December 2018

Highly Specialist Speech and Language Therapist
Stockport NHS Trust
January 2018 - August 2018

Specialist Speech and Language Therapist
Hounslow and Richmond Community Healthcare Trust
August 2014 - December 2017

Speech and Language Therapist
Central Surrey Health
January 2013 - August 2014

Speech and Language Therapist
Gloucestershire Community Healthcare Trust
June 2012 - December 2012