



Professional Profile

PERSONAL INFORMATION

Name	Daisy Vale	
Position	Neuro Physiotherapist	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
Email / Telephone	enquiries@nppneurogroup.com	0800 917 3330

PROFILE

Daisy is a dedicated and compassionate Neuro Physiotherapist, who combines clinical expertise with a holistic approach to patient care. As a qualified yoga teacher, Daisy can integrate evidence-based neurological rehabilitation with the therapeutic benefits of yoga, mindfulness, and breathwork, creating tailored programs that address both the physical and emotional aspects of recovery.

Daisy has worked with neurological patients in the NHS since 2015 and has extensive experience in treating individuals with stroke, multiple sclerosis (MS), Parkinson's disease, spinal cord injury, and acquired brain injury. As a result, she is skilled in managing complex neurological presentations across various stages of recovery. She is Bobath-trained and highly proficient in advanced rehabilitation techniques including Functional Electrical Stimulation (FES), acupuncture, vestibular rehabilitation, and upper limb rehabilitation.

Daisy's approach is centred around neuroplasticity, patient empowerment, and functional independence. By having the option to blend traditional physiotherapy with complementary modalities, she can support clients in regaining movement, confidence, and quality of life through personalised and holistic care. This integrative approach not only addresses physical rehabilitation but also promotes downregulation of the nervous system—helping to reduce stress, improve emotional regulation, and create an optimal environment for recovery and neuroplasticity.

KEY SKILLS

- Neurological assessment, clinical reasoning and rehabilitation
- Patient advocacy
- Holistic, patient centred treatment planning
- Enthusiastic about evidence-based practice and endeavours to keep up to date with current research

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

- Bobath Concept
- Upper limb rehabilitation
- Functional Electrical Stimulation (FES)
- Vestibular Rehabilitation
- Acupuncture for neurological and musculoskeletal conditions
- Yoga-informed rehabilitation and breathwork
- Education and empowerment in long-term condition management
- Experience working with a wide variety of neurological conditions such as stroke, MS, Parkinson's disease, brain injury and muscular dystrophies
- Experience of neuro-rehabilitation technology available including Functional Electrical Stimulation, G Move suit, GripAble, de-weighting harness/gait trainer and the Saebo range
- Member of the Chartered Society of Physiotherapy (CSP) and registered with Health & Care Professions Council (HCPC)

EDUCATION

- Introduction to Bobath Module 1, 2021
- Graduated from University of Worcester in 2021 with a first-class BSc (Hons) Physiotherapy
- Access to Health Sciences – Distinction – 2018
- Sports Massage Therapy Level 3 Qualification – Merit – 2017
- Yoga Alliance Certified Advanced Yoga Teacher Training – 2016
- Yoga Professionals certified yoga teacher training - 2015

EMPLOYMENT HISTORY

2015 – 2016 – Worcester Acute Hospitals Trust
2016 – 2018 – Queen Elizabeth Hospital Birmingham, University Hospitals Trust
2018 – 2020 – Inside Edge Musculoskeletal Physiotherapy Practice, Birmingham
2020 – current – NPP Neuro Group

REFERENCES

Available on request