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Professional Profile

PERSONAL INFORMATION

Name	Amina Louise Power MCSP	
Position	Advanced Paediatric Physiotherapist working for University Hospitals Birmingham. BSc Hons Physiotherapy. MSc Advanced Clinical Practice. HCPC Number: 074926 CSP Number: 074977 Member of APCP (Association of Paediatric Chartered Physiotherapists)	
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PROFILE

Currently Amina is working as an Advanced Neuro-Paediatric Physiotherapist with extensive knowledge of neurological and orthopaedic disorders, genetic or acquired. Amina enjoys her career working for University Hospitals Birmingham utilising expert knowledge and skills across age ranges from 0 to 19 and into adulthood. Amina qualified as a physiotherapist in 2005 and began to specialise in the field of paediatrics in 2008.

Amina has over 12 years' experience working in a variety of acute and community settings for babies, toddlers, children and young adults with mild to severe complex needs and learning disabilities. Amina is highly motivated, passionate and committed to enabling her patients to achieve their full potential and have the very best quality of life. Amina's clinical specialty is assessment, treatment and management of neuromuscular conditions with a special interest in children and young adults with Cerebral Palsy. Amina has expertise in the rehabilitation of post-surgical patients who have undergone simple or complex multilevel surgery or SDR (Selective Dorsal Rhizotomy) surgery.

Amina has studied at Masters level to achieve Independent Non-medical Prescriber status with a formulary specialising in antispasmodic/muscle relaxant medication. Amina has Masters level injection therapy for neuromuscular management with the use of Botulinum Toxin A.

Amina believes early intervention is essential as she aims to provide patients with a comprehensive skill set to provide the best possible outcomes for children and young adults with neurological and orthopaedic conditions.

KEY SKILLS

- Independent Non-Medical Prescriber
- MSc Advanced Clinical Practice
- MSc Injector of Botulinum Toxin A with guided ultrasound
- Trainer of CPIP Assessments (Cerebral Palsy Integrated Pathway)
- GMFCS Assessor (Gross Motor Function Classification Score)
- Serial casting techniques
- Physiotherapeutic management of children and young adults with complex needs including gait analysis, 24 hour postural care management, orthotics and provision of appropriate equipment
- Providing detailed accurate reports as part of the EHCP (Education Health and Care Plan) process and transitional process
- Assessment, treatment and management of varied caseload across a variety of settings
- Developing, running and managing a variety of clinics, for example, Neuromuscular clinic, Plagiocephally and Torticollis Clinic, Baby clinic, Foot clinic, General clinic and Advice clinics
- Provision of Physiotherapeutic Transitional Care ranging from Nursery age to University Transitions
- Advising and conducting manual handling risk assessments in home and educational settings
- Provision of Hydrotherapy and Rebound therapy
- Teaching carry over of physiotherapeutic care to patients, families and carers
- Teaching of students, junior staff and other healthcare professionals where necessary

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

- Expertise in the following neurological conditions, for example, Cerebral Palsy, Neurodevelopmental Disorders, Acquired Brain Injury (ABI), Brain Tumour, Muscular Dystrophy, Charot Marie Tooth, Neurofibromatosis Type 1 & 2
- Broad spectrum Orthopaedic/Musculoskeletal Disorders, for example, Perthes Disease, Plagiocephally and Torticollis, Erb's Palsy, DDH (Developmental Dysplasia of the Hip,) Talipes (positional), Scoliosis and Kyphosis, leg length discrepancies, gait abnormalities
- Idiopathic toe-walking
- Expertise in rehabilitation of post-surgical patients, for example, SDR (Selective Dorsal Rhizotomy) and multilevel surgery
- Expertise in supporting patients and families with emotional and stressful situations
- Expertise in supporting patients who demonstrate frustration due to their condition
- The ability to motivate others through effective communication skills
- Expert moving and handling skills
- Level 3 safeguarding training
- Sourcing and procuring appropriate equipment
- Sourcing and providing information of appropriate charities that help support families

Memberships

- Chartered Society of Physiotherapy PH074977
- Health Professions Council PH074926
- Association of Paediatric Chartered Physiotherapists 105801
- DBS clearance reference 001549929615

All mandatory training up to date including Safeguarding Level 3

EDUCATION

- MSc Advanced Clinical Practice *Coventry University 2021*
- MSc Module Injection Therapy Neurology *Coventry University Oct 2016 to April 2017*
- MSc Modules Non-Medical Prescribing *Coventry University Oct 2014 to May 2015*
- BSc (Hons) Physiotherapy *Coventry University 2002 – 2005*
- BA/BSc (Joint Hons) English Language Sports and Exercise Science *Coventry University 1997 - 2000*

EMPLOYMENT HISTORY

Current Employer: University Hospitals Birmingham.

Junior Rotational Physiotherapist from 2006 - 2008

Specialist Paediatric and Adult Learning Disabilities Physiotherapist from 2008 - 2013

Highly Specialist Paediatric Physiotherapist 2013 to 2021

Advanced Paediatric Physiotherapist 2021